



A B U S E D  
A D U L T  
R E S O U R C E  
C E N T E R



# YEAR IN REVIEW

## 2023

# 2023 AARC Team

## Board of Directors

Shawna Piatz, Chair  
Bruce Haskell, Vice Chair  
Greg Gunderson, Treasurer  
Christine Hogan, Secretary  
Dan Donlin  
Candace Muggerrud  
Jessie Sloan  
Kevin Stadler  
Shelly Wanek

## Advocate Team

Alicia	Maggie
Carla	Megan
Emma	Sammy
Haley	Stephanie
Hannah	Summer
Jana	Tani
Kaitlin	Tawniel
Kayla	Whitney

## Seeds of Hope Staff

Alexis	Hollee	Lorrie
Brooke	Jan	Mark K.
Corey	Jane	Mark M.
Dahlia	Jeff	Michelle M.
Dave	John	Michelle W.
Deanna	Julia	Paisley
Eli	Kelly	Piper
Frank	Laura	Susan
Hailey	Loni	

## SAVE Staff

Elizabeth  
Shelly

## Administration

Michelle Erickson  
Executive Director  
  
Courtney Monroe Ryckman  
Direct Services Supervisor  
  
Lisa Ternes  
Seeds of Hope Manager  
  
Sara Salveson  
Shelter Supervisor  
  
Kris Mount  
Family Safety Center  
Coordinator  
  
Dave Anderson  
Statistical Data Coordinator  
  
Erin Gallagher  
Green Dot Coordinator  
  
Tracie Freadrich  
Facilities Manager  
  
Doni Lavendure  
Administrative Assistant  
  
Blaine Finneseth  
Volunteer & Employment  
Coordinator  
  
Kim Caswell  
Event Coordinator  
  
Joan Trygg  
Grant & Development Manager

## Family Safety Center Staff

Andrea	Jill
Cassandra	Joseph
Cindy	Kari
Darcy	Krystal
Elianna	Michelle
Grace	Priscilla
	Sheila

## Shelter Staff

Amber  
Ashten  
Ashley  
Candy  
Cassandra  
Cassie  
Cela  
Chasity  
Constance  
Courtney  
Cristy  
Cynthia  
Danita  
Gail  
Georgia  
Hailey  
Haley  
Inez  
Jenny  
Kambree  
Kathleen  
Kayce  
Kinley  
Korrie  
Laura  
Latosha  
Lillian  
Margaret  
Melissa  
Myona  
Phyllis  
Rhonda  
Savanah  
Sierra  
Sobrina  
Trinity





## Letter from the Executive Director

In the nonprofit world, CHANGE seems to be the only thing we can consistently count on!

As we say good bye to 2023, I'd like to take a moment to reflect on several things that changed for AARC last year.

We participated in the legislative session encouraging the state to support the domestic violence agencies across the state with more funding. We were successful and even though it wasn't the total we were aiming for, we saw the first increase in funding in over a decade and hopefully provided some education to our legislators regarding domestic violence and sexual assault!

We completed a 10-month remodel project at Seeds of Hope. We added a passenger elevator, increased our dock and pricing space to be able to continue to process donations from the community with a more efficient workflow, added a new public restroom and water fountain, increased some of our retail space, designated 2 spaces for electronics and jewelry processing and added a breakroom and new office space! We are grateful for all the donations that keep Seeds of Hope open and that support AARC's programs. We ended the year with \$80,000 in sales from the Christmas Store! THANK YOU!

Staffing has been a challenge for many businesses. We were short handed for several months but finally were able to say we were fully staffed towards the end of the year.

This is hard work. It is frustrating and rewarding all at the same time. Every employee at AARC (and we have close to 80) is an important piece of making this all work. Our goal is to provide the resources and services to clients to help them leave those unhealthy and unsafe situations, to help people see their worth and to assist in establishing safe and stable housing among other things and we couldn't do it without the support of our community either.

As we head in to 2024, we are facing federal funding cuts, increased violence, and higher needs from clients. We intend to conquer those obstacles as they happen and do our best to continue to provide all the resources we possibly can. We always need the community's support so if you have time to volunteer, if you are able to make a monetary donation, or provide basic need items, please contact our office. We will FIND a way for YOU to help make a difference as well!

*-Michelle*



# Programs

## **Crisis Intervention**

Free, confidential programs to support survivors of domestic violence, sexual assault, dating violence, stalking and human trafficking, including a 24-hour crisis hotline, advocacy, emotional support, and referrals.

## **Pam's House**

A “safe house” for victims affected by domestic violence, combining temporary shelter with counseling and assistance for rebuilding lives.

## **DZ Hope House Transitional Facility**

A secured home for victims who are ready to move out of Pam's House and/or are transitioning to independent living.

## **Family Safety Center**

Safe, neutral place where parents can visit children in foster care because of abuse and neglect, and where custodial parents can transfer temporary custody of their children to noncustodial parents for visitation.

## **Children's Programs**

Counseling, support, education and activities.

## **SAVE - (Solutions for Alleviating Violent Encounters)**

This program offers a holistic approach to families experiencing domestic violence in our community and the communities surrounding us.

## **Community Awareness**

We work with the community to develop an awareness and sensitivity to the issues of domestic violence and sexual assault and to establish programs to break the “cycle of abuse.”

## **Green Dot**

Green Dot seeks to engage community members as Active Bystanders. Green Dot Bystander Trainings teach community members to use the 3 Ds when you see a concerning behavior (Red Dot) – Direct, Delegate and Distract.

## **Hope for the Holidays**

In 2023, the Hope for Holidays program was able to provide a Christmas to 334 individuals in 121 families in our community.

## **Red Rover Safe Housing**

Offering a pet-friendly program to house pets of domestic violence victims.



# 2023 Service Statistics

<b>Adult Client Contacts</b>	<b>22,817</b>
<b>New victims of domestic violence</b>	<b>910</b>
<b>Children directly affected</b>	<b>171</b>
<b>Recurring clients from 2022</b>	<b>262</b>
<b>New sexual assault victims</b>	<b>222</b>
<b>Human Trafficking victims</b>	<b>31</b>
<b>Total clients served</b>	<b>1,425</b>
<b>Protection orders petitioned</b>	<b>170</b>
<b>Family Safety Center - exchanges &amp; supervised visits</b>	<b>730</b>
<b>Families sheltered</b>	<b>154</b>
<b>Children sheltered</b>	<b>127</b>
<b>Nights of shelter provided</b>	<b>10,813</b>
<b># of volunteers</b>	<b>148</b>
<b>Volunteer hours donated</b>	<b>5,795</b>

# 2023 Client Demographics

<u>Ethnicity</u>	<u>#</u>	<u>% Total</u>
African American	55	4%
Asian	2	<1%
Hawaiian	5	<1%
Hispanic/Latino	57	4%
Mixed Race	30	2%
Unknown	81	6%
Native American	456	32%
White	741	52%
<b>Total</b>	<b>1,425</b>	<b>100%</b>

  
Ethnicity

<u>Age</u>	<u>#</u>	<u>% Total</u>
Under 18	45	3%
18-24	217	15%
25-44	872	61%
45-64	260	18%
65+	32	2%
Unknown	1	<1%

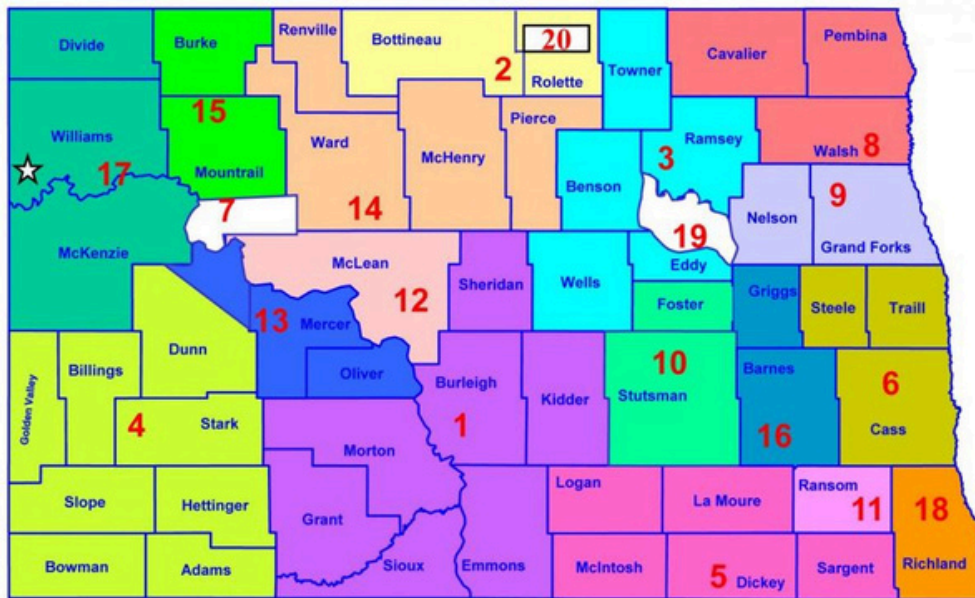
  
Age

# 2023 Client Demographics

Gender

	<u>#</u>	<u>% Total</u>
Female	1,316	92%
Male	88	6%
Transgender	13	1%
Not reported	10	15

## Service Area



**Burleigh, Emmons, Grant, Kidder, Morton, Sheridan & Sioux Counties  
Standing Rock Indian Reservation**

*10,400 square miles  
144,877 approx. population*





**Seeds of Hope has 20 part time staff members and 4 full time. We have several regular volunteers as well as student groups that assist with daily operations.**

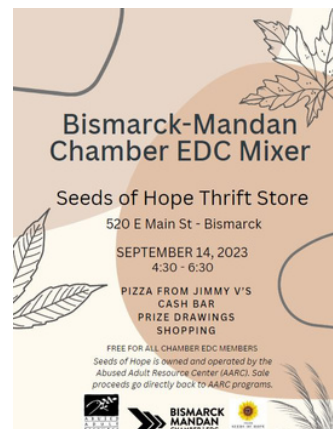
**Seeds of Hope completed their remodel in September. We now have a customer elevator for complete access to our lower level, a remodeled and more accessible public restroom, and drinking fountains. The donation receiving area gained 70 square foot of additional working space to utilize. This area also has a walk-in door on the alley level for an easier drop off process for community donors. The renovation also enhanced several areas on our sales floor with fresh paint and new flooring!**

**Over the last two years Seeds of Hope has incorporated the round up program.**

**Customers now have the choice to round up to the nearest dollar upon completion of their sale. Another way the community can support services for the Abused Adult Resource Center. This year our round up program brought close to \$12,000.00 averaging about \$1,000.00 a month of extra income.**

**This Holiday season our Christmas store raised \$79,618.05 in sales which is a new record for us. We opened our store fifteen days earlier and we were blessed with a mild start to the winter.**

**Seeds of Hope continues to accept donations from the community five days a week utilizing our more efficient and spacious receiving area. Donations are plentiful and we are so grateful to our generous community each and every year.**







# 2023 Profit & Loss Statement

<u>Revenue</u>	<u>Total</u>
Donations	\$591,057.68
United Way	\$60,000.00
Grants	\$1,865,224.36
Seeds of Hope Sales	\$781,809.79
Seeds of Hope Round-Up Donations	\$11,788.33
Family Safety Center	\$43,888.67
Rent	\$36,232.01
Judgements/Fines Income	\$1,785.00
Total Service Income	\$875,503.80
Total Other Income	\$113,537.98
Seeds of Hope Donations	\$33,223.46
Total Revenue	\$3,538,547.28

# 2023 Profit & Loss Statement

<u>Expenses</u>	<u>Total</u>
Payroll	\$2,745,135.44
Operations	\$435,136.96
Professional Fees	\$149,705.61
Client Aid	\$287,221.69
Outreach	\$27,867.24
Finance Expenses	\$23,290.30
Travel	\$24,277.43
Other Expenses	\$34,738.21
Cost of Goods Sold	\$(5,507.40)
<b>Total Expenses</b>	<b>\$3,721,865.48</b>
<b>Total Operating Revenue</b>	<b>\$(183,318.20)</b>
<b>Net Other Revenue</b>	<b>\$(1,300.73)</b>
<b>Net Revenue</b>	<b>\$(184,618.93)</b>

# Stay Connected



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## NO MORE

TOGETHER WE CAN END  
DOMESTIC VIOLENCE & SEXUAL ASSAULT

